

WHAT IS CLAIMED IS:

1. A method of treating hair which comprises applying a hair treatment composition comprising at least one oil agent and a solvent and having a water content of 20% by weight or lower to dry hair, allowing the hair to stand for 3 to 120 minutes, and washing the hair treatment composition away.

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2. The method of treating hair according to claim 1, wherein the hair to which said hair treatment composition has been applied is covered so that a component of said hair treatment composition may not escape while being allowed to stand.

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3. A method of treating hair which comprises applying a hair treatment composition comprising at least one oil agent and a solvent and having a water content of 20% by weight or lower to dry hair, warming the hair at a prescribed temperature for a prescribed period of time with the hair being covered so as not to allow a component of the hair treatment composition to escape, and washing the hair treatment composition away.

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4. The method of treating hair according to claim 3, wherein said warming the hair is carried out at 35°C or higher for 3 minutes or longer.

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5. The method of treating hair according to claim 3 or 4, wherein said warming the hair is carried out with a hair warming cap having heating parts.

6. A preshampoo treatment composition which is to be applied to dry hair, allowed to stand at a prescribed temperature for a prescribed period of time with the hair covered, and then washed away.